







Disclosures

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- ntistry and sult your local laws ws that apply to
- your practice. INVISALIGN, ITERO, and CLINCHECK, among others, are trademarks and/or service marks of Align Technology, Inc. or one of its subsidiaries or affiliated companies and may be registered in the U.S. and/or other countries. Dr. Duplantis is an independent consultant of Align Technology, Inc.

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 University of Texas Dental, San Antonio 1999
 Advanced Education in General Dentistry – Baylor 2000 • Center for Aesthetic and Restorative Dentistry – Dallas, TX • Spear Study Club • Seattle Study Club • Catapult Education Speakers Bureau

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Invest in technology that can improve your bottom line...

by incorporating items that can benefit your practice for years to come.



How do you properly integrate technology?



























































































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Face the patient.	Listen, Listen, Listen,	Look at body language and learn from it.
Speak convincingly.	Using volume changes, tone, and pace greatly dictates the situation.	Counting exercise.
COMMUNICATI	ON	

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Patients don't buy credence goods based on features or attributes.
They buy professional services (CREDENCE GOODS) based on intangible criteria.









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"It is estimated that about 3,400 new cases of HPV-associated oropharyngeal cancers are diagnosed in women and about 14,800 are diagnosed in men each year in the United States"







Dental Photography









	THIS IS A MUST!	
ntal	Most patients are visual learners!	
otography —	Minproves Case Acceptance	
E BENEFIIS	1 Liability Reduction	
	Communication with Lab & Specialist	

f/8-10	f/20-22 to f/32
1/125-200	1/125-200
100-200	100-200
1:10	1:2 or 1:3
	1/125–200 100–200 1:10













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Alamri, HM, et al. Applications of CBCT in dental practice: A review of the literature . General Dentistry. 2012; Sep/Oct:390-400.

"CBCT has reduced implant failures by providing information about bone density, the shape of the alveolus, and the height and width of the proposed implant site for each patient"

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80

• American Academy of Oral and Maxillofacial Radiology

• Recommendation: Some form of cross-sectional tomographic images be used to treatment plan dental implant cases.¹

ynbill, DA et al, American Academy of Oral and Havilletcial Radiology. Positienal statement of the American Academy of Oral and Mavilletcial Radiolog in for the use of radiology in destal implantology with emphasis on cone beam computed temegraphy. *Oral Song Oral Med Oral Radiol Co*11

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From the FDA...

"The American Dental Association (ADA) and the FDA recommend that clinicians perform dental X-ray examinations, including dental CBCT, only when necessary for the diagnosis or treatment of disease. The clinical benefit of a medically appropriate X-ray imaging exam outweighs the small radiation risk. However, efforts should be made to help minimize this risk."

79



Sleep Dentistry

her, David. (2012). Cone Beam Computed Tomography: Cro. Ico. 56. 343-57. 10.1016/j.cden.2012.02.002.

"There is a high probability of severe OSA if the airway area is less than $52\ mm^2$, an intermediate probability if the airway is between 52 to 110 mm2 , and a low probability if the airway is greater than 110 mm2"







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ADVANTAGES OF INTRAORAL SCANNERS

- •Less patient discomfort •Time efficiency •Simplified procedures for the dentist
- •No more plaster casts
- •Better communication with the lab technician
- •Better communication with the patient ell A. Luongo, G., & Log

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DIAGNOSTICS +

EDUCATION (real patient #1)

95



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DIAGNOSTICS + EDUCATION (real patient #2)

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Patient Presentation:

Mom was a rather poor historian, but:

Mom was a rather poor historian, but:
17 year-old female patient
Patient had an atrial septal defect that was repaired shortly after birth
No other medical problems mentioned
2 years post-orthodontic treatment
2 years since last dental visit of any kind
Went to pediatric dentist the week before she came to our office and was told that she had 9 cavities.

Patient Presentation:

- Mom concerned about the amount of decay.
 Pediatric dentist has graduated her.
 She arrives to me.
- She arrives to me.
 Once she takes off her mask:
- I notice that she is severely retrognathic.
 We go about our typical exam, radiographs, perio charting, etc
 No photos except a few intraorals at Mom's request
 So, we took a scan...



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DIAGNOSTICS + EDUCATION = ORTHODONTICS

ORMODORNES

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TREATMENT IS ALWAYS based upon a proper diagnosis AND REMEMBER that multiple treatment modalities exist which can yield a predictable outcome.

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FEATURES: TRULY UNIVERSAL IN TERMS OF ETCHING • MDP (METHACRYLOXYDECYL DIHYDROGEN PHOSPHATE) ALLOWSTHIS HEMA, D3MA, bis-GMA ALLOWS REACTION BETWEEN ALLOWS REACTION BETWEEN HYDROPHILIC TOOTH AND HYDROPHOBIC RESIN RESTORATIVE SILANE ENABLES BONDING TO GLASS CERAMICS AND RESIN COMPOSITES



Universal Adhesives



SENSITIVITY

118

- 30% of patients feel post-operative sensitivity after posterior resin restorations.¹

- Hypersensitivity can cause failure, and subsequently removal and more took loss due to more preparation.²
 Hydrodynamics and was initially developed by Brännström and further developed by others such as Pashley.^{3,45}





DUAL CURE ACTIVATORS

LIGHT CURE AND CHEMICAL CURE CANNOT BE MIXED A DUAL CURE ACTIVATOR may need to be added to the adhesive to make it compatible with a SELF-MIO h nd (GC An es a DUAL I (3M Oral cor. Scothcbond Universal (3M Or es a DUAL CURE activator when u



120

	ADHESE UNIVERSAL (IVOCLAR VIVADENT)	ALL-BOND UNIVERSAL (BISCO, INC.)	CLEARFIL UNIVERSAL BOND (KURARAY)	FUTURABOND U (VOCO)
Phosphate Ester	10-MDP	10-MDP	10-MDP	"Modified" 10-MDP
Components	Dimethacrylate resins, HEMA, Ethanol, Water, MCAP (methacry- lated carboxylic acid polymer), Fillers, Initiators	Dimethacrylate res- ins, HEMA, Ethanol, Water, Initiators	Dimethacrylate res- ins, HEMA, Ethanol, Water, Silane, Fillers, Initiators	Dimethacrylate res- ins, HEMA, Ethanol, Water, Carboxylic acid ester, Initiators
рн	2.5	3.2	2.3	2.3
Compatibility with self-cure mechanism of self- and dual- cure resin cements	No dual-cure activator is required with dual-cure resin cements as long as adhesive is light- cured first, according to manufacturer.	Dual-cure activator is not required when using self- or dual- cure resin coments because of higher pH compared to other universal adhesives.	Dual-cure activator is required; however, it is not required if Clearfil DC Core Plus or Panavia SA resin cement is used.	Two-component ad hesive. Component are mixed in single- dose "bister" pack just prior to use. Once mixed, dual- cure activator is not remined.

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What is bioactivity – PART I?

"Bioactivity is the property of a biomaterial to form apatite-like material on its surface when immersed in a simulated body fluid (SBF) for a period of time." Steven R. Jefferies, MS, DDS, PhD

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What is bioactivity – PART II?

"By its most basic definition, bioactive refers to a material that has a biological effect on surrounding tissues. The desired effect will depend on the purpose of the material." Nathaniel Lawson, DMD, PHD

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What is bioactivity - PART II (cont'd)?

te a bond with surrounding tooth structure, and release ions to emineralization at tooth margins following an acid challenge. A ve cement may have the additional benefit of attracting calcium rate precipitates to its surface to occlude an existing cement

Nathaniel Lawson, DMD, PHD

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CL V COMPOSITES CL III COMPOSITES
CL III COMPOSITES
ORTHODONTIC ATTACHMENTS
TEMPORARIES





What about Cl II composites?



Predictable and functional esthetics
 Greater strength
 Higher wear resistance
 Excellent polishability.
 Volumetric shrinkage of 0.85%
 Polymerization shrinkage

GIOMER technology!





















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Indications

- Class I Restoration (Limited to non-load bearing restorations)
 Class III and Class IV Restorations
 Class V Restoration (Cervical caries, root caries, wedge-shaped defects)
 Lining

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Directions

- 1. Spread evenly within the cavity preparation in a layer of .5 mm or less. 2. Leave undisturbed for 20 seconds.
- Leave unuscore for 20 seconds.
 Light cure for 5 seconds with LED curing light.
 Fill with additional layers of FIT SA of less than 2 mm thickness (curing each for 10 seconds with LED curing light) or other composite restorative according to that manufacturer's direction for use.

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IIs Research Rej

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D Bi



















































- Ideal taper (5 6 deg.) Axial wall height (3 4 mm)
- Axiai Wall neight (3 4 mm)
 Appropriate use of retentive
 features
 Boxes and grooves
 Avoidance of undercuts
 Established path of insertion





























Tirconia	Masking of moderate to severe discoloration of underlying tooth structure
Indications (Dr. Robert Winter	As an alternative to a metal occlusal surface when a patient desires a metal- free restoration
Spear Education)	When the patient has parafunctional issues
Education	When you need to achieve maximum strength in an all-ceramic restoration

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Question:

• How does zirconia wear the adjacent teeth?

Assumption: •Zirconia is detrimental to opposing dentition.

194

•Burgess, et al. Enamel Wear Opposing Polished and Aged Zirconia. Operative Dentistry, 2014, 39-2, 189-194

•"zirconia causes less wear to opposing teeth and experiences less surface wear than enamel or a veneering porcelain"

195

• Janyavula, S, et al. The wear of polished and glazed zirconia against enamel. J Prosthet Dent. 2013 Jan;109(1):22-9

•"The highest ceramic wear was exhibited by the veneering ceramic. For enamel antagonists, polished zirconia caused the least wear, and enamel caused moderate wear."

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Zirconia In Office Workflow

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"We are finding the new translucent zirconias require more tooth reduction, much more gentle handling during chairside adjustment, and possibly use in less stressful situations—especially when molar restorations are considered...it is important for clinicians to realize that the new translucence and addition of coloring have decreased zirconia's strength and resistance to stress."

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Esthetic Zirconia Comparisons Ama Lava TM Esthetic Esthetic Fluorescent Full-Contour Zirconia Anterior and posterior crowns: Anterior anterior crowns: Anterior anterior crowns: Anterior anterior crowns: Anterior anterior crowns: Anterior anteri

215





Esthetic Zirconia Cases











Layered Zirconia Case









Feldspathic porcelain	Predominantly glass
	Highly translucent
	Esthetic
	Low strength (70 MPa)
	Leucite reinforced to increase strength (150+ MPa)





















	ESTHETICS
	Less brittle
Hybrid Ceramics	Excellent wear resistance
- Advantages	Wear-friendly to opposing dentition
	Conservative prep design
	Flexibility









































Temporary Cements























What frustrates you?

- •Quality
- Predictability
- Consistency

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The Frustrations of a Dental lab technician...

273



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	Bread and butter lab
	In office mill
Labs needed	High end ceramist
	Removable lab
	Full arch prosthesis lab



























































25% aluminum sulfate
kind to soft tissue
acts similar to a coagulant to stop bleeding, ensuring tissue will not turn black
Acts as a lubricant during retraction cord placement
Will not interfere with the set of your impression material
Gooseberry-flavored





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310

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312





























Digital Workflow



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WHAT ELSE COULD I NEED FOR A DIGITAL IMPRESSION?



327



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325



329



330



• Digital impression • Visualization • Retraction Moisture control THE PRINCIPLES REMAIN THE SAME!!!

332



3. Provide quality information













3. Provide quality information - get quality results









344



345



343

CEMENTATION

"A restoration is only as successful as the glue that holds it in"

347



lies not only in the ability to diagnose, choose, and treat. It lies in the ability to bring it all together with a glue that provides a long lasting restoration with minimal or no sensitivity!

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•"...it is important to note that to its optimal level clinically that include

358



- Ideal taper (5 6 deg.) Axial wall height (3 4 mm)
- Boxes and grooves
- lance of undercuts
- Established path of insertion

1.2013.11.010.Epub 2013 Dec.

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	RMGI	SARC	ARC
RETENTION	Moderate-High	Moderate-high	High
COMPRESSIVE STRENGTH	40-141 MPa	179-255 MPa	194-200 MPa
TENSILE STRENGTH	4.2-5.5 MPa	37-41 MPa	34-37 MPa
BOND TO DENTIN	14-20 MPa	5-12 MPa	18-30 MPa



Bond strengths of 5-20 MPa observed (see previous slide)

Bioactive cements (Ceramir, Activa, etc.) behave similarly to RMGI





















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idia







Restoration	Cement Choice	Tooth Preparation	Restoration Preparation
Zirconia	Cement - good retention only	Ensure clean preparation (purnice or scrub)	Air abrade restoration (50-60µm aluminum oxide, < 2bar), apply RMGI or SARC cement
	Bond - SARC	Ensure clean preparation	Air abrade restoration (SO-60µm aluminum oxide, < 2bar), apply silane primer, apply SARC cement
	Bond - ARC	Ensure clean preparation, etch and/or bonding agent according to manufacturer's instructions	Air abrade restoration (SO-60µm aluminum oxide, < 2bar), , apply silane primer, apply bonding agent and ARC cement (dual cure)
Lithium Silicate or Disilicate	Bond - SARC	Ensure clean preparation	etch restoration with 5% HF acid etch for 20s, apply slane primer apply SARC cement
	Bond - ARC	Ensure clean preparation, etch and/or bonding agent according to manufacturer's instructions	etch restoration with 5% HF acid etch for 20s, apply silane primer, apply bonding agent, apply ARC cement
eucite-Reinforced Ceramics	Bond - ARC	Ensure clean preparation, etch and/or bonding agent according to manufacturer's instructions	etch restoration with 9.6% HF acid etch for 1 minute (max 2.5 minutes), apply silane primer, apply bonding agent, apply ARC cement
		Ensure clean preparation, etch and/or bonding agent according to	air abrade restoration with 25-50 µm aluminum oxide (1.5 - 2 bar), apply silars primer for 60 seconds, apply bonding agent and ARC dual cure cement (verify

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The Pyramid of Implant Success





Assist in treatment plan??? Create: • Function • Form • Esthetics The Pyramid of Implant Success

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ision of

mm in

nce total











Additional Implant Placement Considerations
Apico-Coronal Position of Implant
 Problems can arise when placed to apically or coronally
Too Deep
 Soft Tissue Collapse
Cementation Issues
Too Coronal
 Odd emergence profile
Ideal Placement
 3-4 mm in the esthetic zone, beneath free gingival margin













Diagnostic Data Needed

• CBCT

- 3-D as ent of the res ridge and the adjacen to as e levels and periapical ous din gival dimension of the



415

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•"CBCT has reduced implant failures by providing information about bone density, the shape of the alveolus, and the height and width of the proposed implant site for each patient"

416

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CBCT

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Tyndall, DA et al; Annican Academy of Ocal and Maxillafacial Radiology. Publical statement of the American Academy of Ocal and Maxillafacial Radiology on sel eta for the set of cadelogy in descal implantology with emphasis on core beam compared tenegraphy. Ocal Socy Ocal Med Ocal Radiol 2012;113(6)

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Guided Implant Surgery

- Provides a restorative driven surgical approach.
 Surgeons work off of same restorative plan as the restorative dentist.
 All of the pre-planning (waxups, stents, etc.) are done virtually
 The guesswork is eliminated
 Greatly reduces and possibly eliminates errors
 All involved are working towards a COMMON GOAL





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Multidisciplinary Implant Case





















Let's talk about immediate loading...

434

Immediate Loading DEFINITION

•The placement of an implant and a provisional at the same appointment •Otherwise known as "Immediate Provisionalization"

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- INITIAL STABILITY

- Key Factor
 Key Factor
 Well anchored
 35 Ncm torque at placement
 "no difference in implant success when comparing a two-stage approach to an implant that is loaded immediately as long as it is initially stable"



Immediate Loading

1. One surgical procedure Treatment time is short no need to uncover the implant.

438

- Fixed provisionalization is
- ulpt soft ti

Immediate Loading KEYPOINT...

MAKE SURE THAT THE **PROVISIONAL HAS NO CENTRIC OR EXCURSIVE CONTACTS!!!**

439

Excellent Article

Cooper LF, et al. The immediate loading of dental implants. Compend Contin Educ Dent. 2007 Apr;28(4):216-25.

 Investigative article and literature review of numerous studies. Relays positive findings on immediate loading for single teeth and both arches.





























































Implant Restorative Options and Considerations

RULE #1 VERIFY INTEGRATION

469

ISQ — IMPLANT STABILITY QUOTIENT

- indicates the level of stability and osseointegration in dental implants
 ranges from 1 to 100 higher values indicate greater stability
 acceptable stability range lies between 55-85 ISQ
 higher values are generally found in the mandible than the maxilla
 The ISQ scale is a patented technology of the Sweden-based company Osstell AB

470











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• Titanium: • Advantage – STRENGTH! Disadvantage – COLOR!
 PFM Restorations
 Zirconia Based Restorations



480



481





• Ti-base:

Advantage – COLOR!

• Ask Dr. Christensen...

· «Strength and reliability were significantly higher for the titanium abutments compared to the zirconia abutments."

483

Ask Dr. Christensen

te of its Vhen would you th/

484



Suggested Uses:

J

Disadvantage – STRENGTH, LUTING STREN
 Zirconia Based Restorations?
 Glass Ceramic Restorations?



Restorations: Screw Retained vs. Cement Retained

- Digitally, both options are available
- Comprehensive decision and planning process •Advantages and disadvantages of both



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Screw Retained Restorations

- Advantages:
 Retrievability
 Cleaning
 Screw replacement
 Can be used with limited interocclusal
 distance
 Absence of cement irritant at restoration
 abutment interface

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Screw Retained Restorations

Disadvantages:

 Esthetics of access hole •Implant angulation may result in inability to use a screw retained restoration

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Cement Retained Restorations

- Advantages:
 Independent of implant angulation
 Enhanced esthetics

- No screw access hole
 Flexibility of fixture form
 Allows for passive fit of restoration

497

Cement Retained Restorations

• Disadvantages: • Ability to control the cement line Setrievability
 Subgingival cement line
 Cleaning of excess cement
 ·Peri-implantitis
 Crown retention

498

Cementation to Implant Abutments



 Survey of US dental schools and ate programs postgra lts RMGI most frequently used for Πg nt restorations (~68%) mola

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503





Ensure adequate systems are in place

Recall

Reactivation

•VOIP phone systems are GREAT for this! •ALWAYS schedule the next appointment when in the chair

•Offer products that you believe in!

506



507

Whitening

- •Offer in-office
- •Offer take home
- •Offer "one size fits all"
- •Offer white spot therapy treatments



508



509



510

What about aligner therapy?





Clear Aligners	 My motto: Develop great relationships with your specialists Don't jeopardize those relationships Choose your cases wisely! DON'T GET IN OVER YOUR HEAD It's "OK" to be profitable by providing a great service!
E11	

KNOW WHEN TO TREAT -AND-WHEN TO REFER!!!

515

CLASS | Occlusion

GP to TREAT • Permanent dentition • Anterior crossbite • Molar crossbite (not being corrected) • Open bites ≤ 2mm • Like arches

REFER to ORTHO • Mixed dentition

Molar crossbite (to be corrected)
Open bites ≥ 2mm
Unlike arches

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CLASS III Occlusion	
GP to TREAT	REFER to ORTHO
• NONE	•All cases
	*based upon suggestions by Align Technology, Invisalign ©2017

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520









Prevalence of Bruxism

uchi T, Raphael K. Bru

avigne GJ, Khoury S, Abe S, Yami Tehabil. 2008 Jul;35(7):476-94.

525

- Estimated 20% prevalence in the general population • Approximately 22% reported that they grind their teeth at night,
- 67% of participants reported that they did not
- 11% either were not sure, bruxed occasionally, or did not have teeth

523

Consequences of Bruxism



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6 reasons people say 'no' to treatment ♥ They don't feel a connection ® They don't understand the value of treatment You don't listen ✓ You don't have a treatment coordinator You rarely follow up ♥ You don't offer financing Here I wet stored by the Stored Stored







70% of patients who left a dental practice felt an "ATTITUDE OF INDIFFERENCE"

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5 Minute Plan

550

•EVERY new patient •Post-op Follow-up •Pre-op Information





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"With new technology, there's always the question: "What is the cost of adoption?" I've always preferred to ask, What is the cost of delay? In dentistry, we must strive first and foremost to provide the best possible service for our patients. In following this creed, I've found that those of us looking to advance the industry — 'adapting at the speed of change' — end up benefiting greatly ourselves." - JIM GLIDEWELL, CDT Founder, President and CEO, Glidewell Dental

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"PEOPLE WON'T REMEMBER WHAT YOU DID OR SAID, BUT THEY WILL REMEMBER HOW YOU MADE THEM FEEL."

-MAYA ANGELOU

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•Will get automatic reply stating: •Pls REPLY with Dr's Name, Address, Date/Name/Location of lecture, and EMAIL (required) for a FREE Ceramir C&B Sample! Limit 1 per lecture attendee. Inank You!

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